

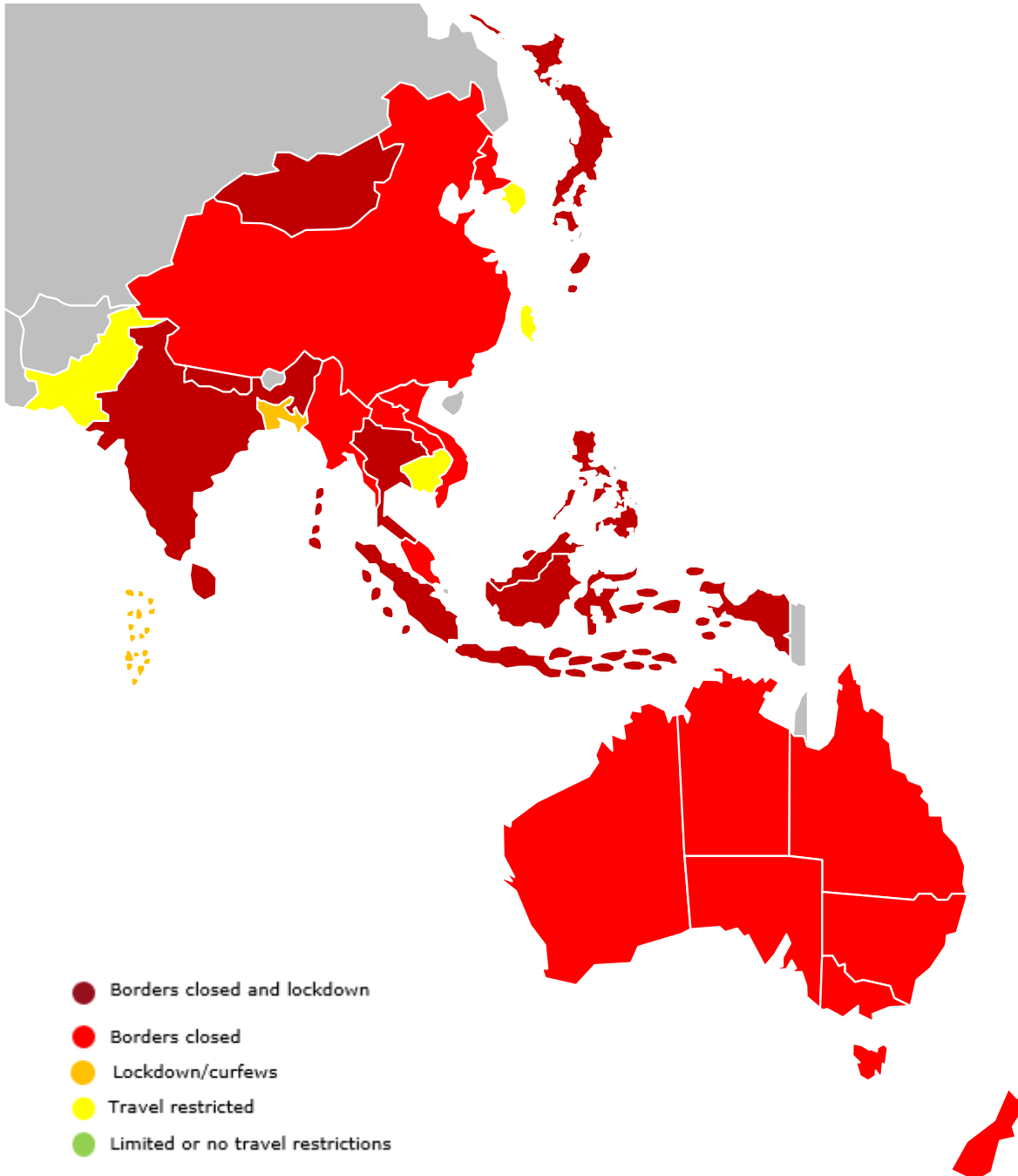
COVID-19 Asia and the Pacific Travel and Containment Information Sheet

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Disclaimer: *Falck Global Assistance adheres to the advice of local health authorities and the World Health Organization. Events regarding COVID-19 are subject to rapid change. Travellers are advised to follow the advice of their local health authorities.*

About: The following is a brief overview of travel restrictions and containment measures for countries in the Asia-Pacific region. This is a living document that is updated twice weekly. Data collection is performed manually, and sources include national foreign ministries, embassies and consular missions abroad, and select newspapers of record. Keep in mind, information on this sheet is subject to rapid change. ***This should be referenced as a starting point only. Travellers and their stakeholders are strongly encouraged to perform regular due diligence on travel destinations and transit routes before embarking on international travel as containment measures and travel restrictions change by the hour.***

Overview: Most countries have relaxed travel and social restrictions, but many areas and countries reimpose these due to a general rise in COVID-19 numbers. Domestic travel possible in most APAC countries, but is likely to be restricted. Intentional travel is mostly banned.



Note: This map is intended as an overview, the level of lockdowns and travel restrictions may vary. Countries may have different restrictions depending on the state.

Disclaimer: Maps are simple illustrative tool only. Colour coding is not intended to capture the full complexity of country specific lockdowns and restrictions. Please read country specific information below.





Country	Travel Restrictions and Containment Measures	Recent Developments
Australia	<ul style="list-style-type: none">• Travel ban on all non-residents and non-Australian citizens entering Australia until 17th of September.• Transit is possible if the connecting flight leaves from the same airport as arrival. The traveller is not allowed to leave airside and cannot go out to collect baggage.• State of emergency in Tasmania extended until 31st of October. State borders closed until 1st of December.• Mandatory quarantine measures for all arriving in the country at designated facilities (e.g. a hotel).• Restrictions on hospitals and dentists relaxed• Members of the public must keep at least 1,5 meters distance from each other.• Mask is now mandatory to wear in Victoria.• Travellers from Victoria state will be banned entry to South Australia from the 29th of August.• Victoria and south Australia tighten COVID-19 restrictions. Curfew in Melbourne between 20:00 to 05:00 until 13th of September. State of Emergency in Victoria until 13th of September.• Borders to Tasmania closed until 1st of December.• Several regional specific travel and social distancing restrictions including quarantine and curfew e.g. in Tasmania, Victoria, Northern territory and Western Australia. Check the individual state for updates. Internal movement and social distancing restrictions are slowly being reimposed. Amongst others international flight ban to Melbourne until 24th of October. NT borders will be closed for 18 months and travellers from Sydney and Victoria are banned.	<ul style="list-style-type: none">• Authorities in Queensland has restricted social gatherings to 10 people.
Bangladesh	<ul style="list-style-type: none">• Social restrictions relaxed. People can attend prayers and business centres, malls etc. are allowed to open between 10:00 and 19:00.• In other areas are lockdown eased, though curfew is still present between 22:00 – 06:00 until further notice.• Some flights resumed these include; UK, Malaysia, Turkey, the UAE, Qatar, Sri Lanka, China and the Maldives. Flights from following countries are still suspended:	<ul style="list-style-type: none">• Biman Bangladesh suspends most international flights until the 15th of September.

	<p>Bahrain, Bhutan, Hong Kong, India, Kuwait, Nepal, Oman, Saudi Arabia, Singapore, and Thailand.</p> <ul style="list-style-type: none"> • Travellers must be in 14 days quarantine upon arrival. • Train services to and from India suspended. • Limited public transport available. • Foreign nationals with valid visas will be required to produce a medical certificate (with English translation) to be obtained within 72 hours of travel, indicating that they do not have any symptoms of COVID-19. This medical certificate needs to be submitted on arrival. • Restrictions might differ depending on region. • All Bangladeshi citizens wanting to travel are required to show a not older than 72-hour negative COVID-19 test. Foreign nationals only need a COVID-19 test if the receiving country demands it. 	
Cambodia	<ul style="list-style-type: none"> • Cambodia lift entry ban on travellers from USA, Germany, Italy, Spain, France and Iran. • Flights from the Philippines banned. • Incoming travellers must pay a deposit of 3000 USD for COVID-19 testing and potential quarantine. • The Thailand, Laos and Vietnam border are closed. • Temperature screenings are conducted at international airports. If the traveller has any symptoms connectable to COVID-19 e.g. cough, the traveller will be quarantined. • State of emergency expanded until further notice. • All travellers entering Cambodia will have to go into quarantine for 14 days in designated facilities. • VISA extensions will be denied for foreigners that are not registered on the Foreigners Present in Cambodia System by 1st of July 2020 (this is the landlords/hoteliers' responsibility). • Travellers to Cambodia (also Cambodian nationals) must have: <ol style="list-style-type: none"> 1. a health certificate that is no longer than 72 hours old, and that state that the traveller does not have COVID-19. 2. A financial statement saying that you have at least 50.000\$ for medical coverage. • All visa free entry and the issuance of all e-visas and visas-on-arrival for all foreigners will be 	



	<p>suspended for a period of one-month, effective as of 31st of March.</p> <ul style="list-style-type: none">• At arrival all travellers must undergo a medical test upon arrival. Foreigners must pay themselves for the test.• Ban on travel between provinces has been lifted.	
China	<ul style="list-style-type: none">• Restaurants, cafés and bars are open• International flights banned until 30th of June. Ban lifted on US and 95 other airlines.• All arriving passengers must possess a negative nucleic acid test certificate for COVID-19 issued by a facility recognized by the Chinese Embassy within five days prior to boarding the flight.• Entry of foreign nationals suspended. The only exemptions will be diplomatic, service, courtesy or C visas. Only those with a visa issued on or after 27 March will be allowed to enter China. This also counts for transit passengers. If the traveller enters China, they must admit to a 14-day quarantine at own expense.• Essential travel allowed between Singapore and parts of China.• Chinese visa application centers are now open.• From the 21st of August, travellers must submit a health declaration form before travel.• If the travel is related to necessary economic, trade, scientific or technical activities, emergency humanitarian needs may apply for a new visa.• Travellers that do arrive in China from overseas will be subject to health checks followed by centralised quarantine. Families might be split when being put into quarantine.• Quarantine, also at government designated facilities, must be paid by the traveller self.• All international flights to Beijing are diverted to 16 designated airports in Chengdu, Changsha, Hefei, Lanzhou, Tianjin, Shijiazhuang, Taiyuan, Hohhot, Jinan, Qingdao, Nanjing, Shenyang, Dalian, Zhengzhou, Xi'an and Wuhan. A small number of international flights are also operating direct between European cities and Shanghai, Guangzhou and Qingdao. Passengers that are cleared in a COVID-19 screening can then board a plane to Beijing.	<ul style="list-style-type: none">• Authorities limits the capacity of inbound from high-risk COVID-19 countries to 75%.



	<ul style="list-style-type: none">• Healthy residents of the Hubei province can leave the province. Anyone who has a green code can leave the area.• Chinese nationals are not allowed to cross the border to Vietnam.• Face masks must be used in public transport, at hospitals, schools or nursery homes.• Temperature is likely to be measured when entering grocery stores.• Restrictions might differ depending on region.• Hong Kong people that cross the Guangdong border must show a health certificate no more than 72 hours old and must quarantine at a government approved facility.	
Hong Kong	<ul style="list-style-type: none">• From 1st of June transit passengers will be allowed in Hong Kong Airport. All passengers must wear face masks and undergo temperature screenings.• Transit possible from 15th of June, though transiting to and from mainland China not possible. Face masks are mandatory in the airport.• Ban on non-resident foreigners until 18th of September (unless they have spent 14 days in either China, Macau or Taiwan before arrival).• Education institutions are allowed to open from end May.• Travel ban on travellers from Macau and mainland china will be lifted. It will still be in effect for all other travellers.• Compulsory quarantine for anyone, regardless of nationality, arriving in Hong Kong who has travelled to any overseas countries/territories within a 14-day period. The quarantine is either home quarantine, if the traveller has an address, or in a government quarantine facility. Individuals are not allowed to leave their designated quarantine location for 14 days, which means they will also be unable to leave Hong Kong for the duration of the quarantine. Your position must be shared with the Hong Kong government.• All travellers will be tested for COVID-19 upon arrival. Travellers must wait for test results before being transported to quarantine location. Travellers are required to quarantine for 14 days.• Some COVID-19 restrictions eased e.g. is outdoor exercised allowed without masks.	



	<ul style="list-style-type: none">• Social distancing measures increased groups of more than two banned.• Face masks mandatory in public transport. Restaurants must close after 18.00.• Most borders and all ferries to mainland China and Macao is closed.	
India	<ul style="list-style-type: none">• International flights are not permitted to land in India until 30th of September.• Domestic flight to resume from 25th of May.• Travellers need a visa to enter India. This can be applied for before departure. It must be valid for purpose and duration of the stay.• Foreigners are banned with a few exceptions, e.g. health specialists, engineers and health professions.• Travellers that arrive in India must undergo 14 days quarantine (7 days at a state facility and 7 days at home)• Religious establishments are allowed to open outside of the red containment zones• Uptick in COVID-19 cases cause some areas to reimpose lockdowns and curfews. These differ regionally.• India has been divided into “green”, “amber”, and “red” zones based on the level of infection. Level of restrictions vary between these zones. Be aware that individual states and zones might differ in restrictions.• Lockdown eased outside containment zones. This means that shops (except medicine and grocery), commercial establishments, shopping malls, educational institutes, government and private offices, local transport including public transport, incl. bus, rail and metro, and taxi, domestic and international flights have been reopened.• Face masks are mandatory when in the public.• Public gatherings in bigger groups banned.• Self-employed people e.g. plumbers and clears can resume their work.• Railway Board announce that all most all services are suspended until the 12th of August.• International Flight restrictions extended until the 24th of November.• In Punjab state, night curfew extended from 19.00 – 05.00 and imposed weekend lockdown until further notice.• All visitors to Jammu and Kashmir required to self-quarantine or test negative.	<ul style="list-style-type: none">• Ban on international flights extended until the 30th of September.• The central government announced that state officials cannot restrict inter-state travel or impose lockdown outside of COVID-19 containment zones from the 1st of September.• Metro services in major cities will resume from the 7th of September.• Social gatherings of up to 100 people will be allowed.



Indonesia	<ul style="list-style-type: none">• Domestic air and sea travel resume to about 70%.• Social distancing measures gradually relaxed• Bali to reopen tourist facilities for locals from the 9th of July• Bali to reopen borders to all domestic travellers from 31st of July• The reopening of Bali to international travel postponed at least until 31st of December.• Foreigners banned for entering and transiting the country.• Government officials announce that all foreign travellers except diplomats or those with work permit, will be barred from entry and transit through Indonesia until further notice.• All visitors must present a health certificate before departure to Indonesia.• COVID-19 related restrictions in Jakarta extended until 10th of September.• Airports test arriving passengers for COVID-19.• Closing of schools, universities, and cultural institutions.• Restrictions on large public gatherings.• Face masks mandatory, also for motorists.• Be aware that restrictions might differ between provinces and islands.	
Japan	<ul style="list-style-type: none">• State of Emergency lifted in Tokyo, Kanagawa, Chiba, Saitama, Hokkaido, Osaka, Kyoto and Hyogo.• Inter – prefectural travel restrictions lifted.• Entry ban on all non-Japanese citizens. Travellers from 129 countries are banned from entry, until September, then a few exceptions will be made.• Japan and Laos have an agreement that quarantine is not in place for long-term residents from early September.• All travellers arriving in Japan must be able to show a PCR negative COVID-19 test.• From the 1st of September travellers with a Status of residence in Japan can re-enter if they have a valid re-entry permit.• Transit is possible in Japan; however, the traveller cannot come from one of the countries on the banned list.• Demands transit visa it is not possible to do a	<ul style="list-style-type: none">• Scoot Airline will resume flights between Japan and Taiwan from the 9th of September.

	<p>transit from a country that is banned from entry.</p> <ul style="list-style-type: none"> • Japan and Singapore have an agreement that quarantine is not in place for business travellers from early September. • Due to a spike in COVID-19 cases residents in Tokyo are asked to stay home unless it is strictly necessary to go out. • Single and multiple entry visas are suspended. • There are enhanced quarantine procedures at entry points to Japan such as airports and ports. The authorities may carry out extended health checks on arrival including compulsory hospitalisation. You should comply with any additional screening measures by the authorities if asked to go through extra checks. • High speed train (shinkansen) will be reduced by 40 percent beginning from the 28th of May. • Restrictions on mass gatherings on more than 5000 people. 	
Laos	<ul style="list-style-type: none"> • Some domestic flights resumed • Movement restrictions eased. Inter-regional possible. Social gatherings of more than 50 people banned. Restaurants and shops can reopen. • All international borders closed until further notice. • Japan and Laos have an agreement that quarantine is not in place for long-term residents from early September. Travellers will be subject to a 14-days home quarantine when entering their respective countries. • International flights banned until further notice. • Incoming travellers will be subject to health tests and a 14 – day quarantine at own expense. • Visa only possible for business travellers, applicants must also submit a health certificate. No visas are issued to people travelling from a country with COVID-19. • Returning students, Lao citizens, skilled workers and diplomats will be able to enter and exit the country. 	<ul style="list-style-type: none"> • International flight suspensions extended until the 1st of October. • Suspension of tourist visas for people from COVID-19 affected countries extended until the 30th of September.
Macau	<ul style="list-style-type: none"> • All transit services have been suspended at Macau International Airport. • If a traveller shows signs of COVID-19 they may be subject to compulsory quarantine if 	



	<p>the traveller does not follow this, they might face criminal prosecution.</p> <ul style="list-style-type: none">• Transit services will be suspended.• Entry of non-residents from all overseas countries/territories, except those from Hong Kong, Taiwan, or mainland China prohibited.• Non-Macau residents complete the quarantine period at a designated hotel at their own expense.• All ferry crossings between Hong Kong and Macau has ceased until further notice. The bridge between Hong Kong and Macao will remain open. Bus services between Hong Kong and Macau suspended.• All arriving passengers, also Macau citizens, must have a certificate confirming that they are tested negative for COVID-19 within the last 7 days, before they can board a flight to Macau. Anyone with a fever will be refused boarding.	
Malaysia	<ul style="list-style-type: none">• Movement restrictions and lockdown measures are in place though the degree varies from state to state.• Foreign nationals banned from entering the country. Exceptions for diplomats, people with permanent residence or expatriates that work in an essential business.• Travellers returning from overseas will be quarantined at a government facility for 14 days at own expense.• It is now mandatory to wear face masks in public spaces, failure to do so will result in a fine.• All travellers that arrive in Kuala Lumpur airport will be COVID-19 tested. If they are negative, they will be quarantined for 14 days. If it is positive, they will be transported to a designated hospital.• The border between Thailand and Malaysia has been closed until further notice.• All foreigners are encouraged to go home. Travellers with a temperature above 38 are not permitted to leave• Foreign nationals may transit through Malaysian ports of entry if they are not required to pass through immigration within Malaysia while in transit.• Shops (except for grocery shops), Schools, universities are closed	<ul style="list-style-type: none">• The federal government have extended the ongoing recovery movement control order (RMCO) until the 31st of December.• The country's borders remain closed until further notice.



	<ul style="list-style-type: none">• Passport must always be carried.• Cinemas, theatres, meetings, conferences, public swimming pools, and live events are allowed to resume, if they keep the social distancing with a capacity of 250 from 1st of July.• In Kuala Lumpur airport it is not possible to shift between KLIA and KLIA2. Travellers must be aware from where their flight is taking off.	
Maldives	<ul style="list-style-type: none">• Lockdown orders in Kulhudhuffushi lifted.• Commercial International flights resumed• Borders will reopen to tourists on the 15th of July. Hotels, resorts and cruise ships, docking at uninhabited harbours can house tourists. In habited islands will open from 1st of august.• Entry ban on travellers lifted (also regarding transit) from or who the latest 14 days has been to Korea, Iran, China, Bangladesh, Germany, Spain, France, Malaysia, USA, and Italy.• Travel between greater Male region and the other islands is restricted to essential services only.• Health emergency extended until the 6th of September. Curfew in greater Male area between 22.00 and 05.00.• Public spaces are closed.• Social gatherings of more than 3 people banned.• Travellers must fill out a health questionnaire upon arrival. Temperature scans at international airports.• Suspension on all entry visas until further notice. Flights have been severely limited.• Travel from and to resorts have been suspended as well as all excursions and public places have been closed. There is an exception for those who have already been checked in and want to leave.• Ban on all cruise ships dogging in the Maldives. Arrival of other kind of boats restricted.• Excursions to islands other than the one in which you are resident are being limited.	



Mongolia	<ul style="list-style-type: none">• All commercial flights are cancelled• All inbound and outbound vehicle traffic to and from Ulaanbaatar, Darkhan City, and Selenge District is allowed again from 25th of April.• From 1st of May gyms, swimming pools and leisure centres can open if they have correct sanitary measures.• Foreign nationals with long-stay visas (e.g. a work permit) can get permission to enter Mongolia.• Closure of schools, universities, cinemas and entertainment centres until 1st of September.• Visitors to public offices are subject to temperature screenings and required to wear a facemask.• Border closed with China. Mongolia imposed an exit ban on Mongolian citizens to China.• Domestic travel restrictions in place.• Road crossings to Russia and China closed.	<ul style="list-style-type: none">• Charter flights out of Mongolia: 3 September: Seoul 8 September: Hong Kong 9 September: Tokyo 14 September: Frankfurt 15 September: Seoul 17 September: Hong Kong 18 September: Istanbul 21 September: Tokyo 23 September: Frankfurt 24 September: Seoul 25 September: Sydney 28 September: Seattle• All inbound travel from foreign locations are suspended until 15th of September, this also include all auto and train travel. Prohibition of intercity travel.• Prohibition of public gatherings until 15th of September.
Myanmar	<ul style="list-style-type: none">• All land borders closed to foreigners.• Commercial flights into the country are suspended at least until 30th of September.• All COVID-19 restrictions extended until 30th of September.• Curfew in Yangon between 00.00 – 04.00• Face masks must be worn in public• Regional differences are present, including stay-at-home orders, flight cancellations, and face masks.• Travellers will upon arrival be placed in government quarantine facilities for 21 days on arrival, followed by 7 days home quarantine. Some dispensation from these rules can be granted.	<ul style="list-style-type: none">• Authorities extended the suspension of international flights to the 30th of September.

	<ul style="list-style-type: none"> • Social gatherings more than 15 prohibited When travelling between parts of the country, the traveller might face a demand for 28-days quarantine. • All incoming foreign nationals will have to present laboratory evidence that they do not have COVID-19 72 hrs before boarding. • The traveller must present evidence of a medical insurance of at least 100000 USD. • Stay home order lifted in, Mingaladon, Hlaing, Tharayar, Shwe Pyi That and Botathtaung. • Quarantine lifted for incoming domestic travellers from Mandalay, Ayeyarwady, Tanintharyi, Kayah, Kayin, Mon and Shan • Foreigners with a valid visa can travel out of Yangon, Mandalay and Naypyotaw airports. • Visa free travel with China suspended. The issuing of visa for foreigners are suspended until further notice. • Temperature scans and travel history at all ports of entry. • Myanmar citizens can obtain permission to leave if they have a valid reason. • If you test positive for the virus while in Myanmar, you are highly likely to be transferred to a government quarantine hospital until you are recovered. Patients will be obliged to use a government facility even if they have private insurance. Patients in government hospitals are expected to make their own arrangements for bringing in food and other essential supplies. Lone travellers will not be allowed out of isolation to purchase food or make phone calls. 	
Nepal	<ul style="list-style-type: none"> • Essential construction activities resumed • Some international flights allowed as of the 1st of September. However only Nepalis, international passengers from certain employment categories, and their dependents will be admitted. • Authorities extended the ban on bus and domestic flights services until the 16th of September. • Regional differences in COVID-19 restrictions occur. • Kathmandu valley reimpose COVID-19 lockdown restrictions until 2nd of September. 	<ul style="list-style-type: none"> • Some international flights allowed as of the 1st of September. • Authorities extended the ban on bus and domestic flights services until the 16th of September.



	<ul style="list-style-type: none">• Land based crossings will remain closed until 16th of September.• All land points of entry will be closed until further notice.• Curfew imposed due to spike in COVID-19 cases, between 22:00 – 05:00. Only essential workers will be exempt from this measure.• All public and educational facilities have been closed until further notice. Gatherings of more than 25 people have been restricted.• Domestic travel restrictions relaxed. Vehicles with odd numbered plates can drive on odd numbered days and vice versa. Travel between districts must be approved by the chief district officer.• Shops are beginning to open but only serves people with face masks.• Face mask has become mandatory to wear in public spaces.• Hotels in Katmandu temporarily closed in response to COVID-19.	
New Zealand	<ul style="list-style-type: none">• Domestic travel is now permitted.• Alert level further decreased to level 1 at the 9th of June. Social distancing and limits to gatherings are no longer active.• Face masks mandatory on public transportation from the 31st of August.• Entry ban for non-New Zealand citizens• Travellers quarantines for 14 days when arriving to New Zealand in an approved facility.• Biosecurity screening at all international airports.• Transit possible though with restrictions. The transit must maximum last 12 hours. Transit travellers must be asymptomatic and have a valid ticket onwards as well as permit to enter destination country. Travellers cannot enter New Zealand.• Travellers who have spent 14 days in New Zealand before arrival in Singapore will no longer receive a stay at home notice but must undergo a COVID-19 test upon arrival.• Authorities lifted the Level 3 lockdown on Auckland as of the 30th of August and has returned to Level 2 COVID-19 restrictions, with social gatherings limited to a maximum of 10 people.	<ul style="list-style-type: none">• Air New Zealand set to resume domestic flight operations to Auckland.• Authorities lifted the Level 3 lockdown on Auckland as of the 30th of August and has returned to Level 2 COVID-19 restrictions, with social gatherings limited to a maximum of 10 people.



	<ul style="list-style-type: none">• General election rescheduled to 17th of October, due to COVID-19 outbreak.	
North Korea	<ul style="list-style-type: none">• Borders closed with Russia and China.• Entry ban on all foreign tourists and North Koreans in China.• National emergency implemented and related quarantine measures in place until the end of 2020• Lockdown in Kaesong• State of alarm upgraded to <i>maximum emergency</i>, non-essential movement and businesses operations banned.• Face masks required in public.	
Pakistan	<ul style="list-style-type: none">• Limited domestic flights are resumed except in Turbat, Pangjur, Dalbadin, Zhob, Pasni, Moenjodaro, Nawabshah and Bahawalpur.• Small shops and markets are allowed to open from Monday to Friday.• Outbound international flights resumed.• Inbound international flights allowed on case to case basis. Travellers must fill out a health declaration and take a COVID-19 test.• Authorities reimpose lockdown measures in areas with high rate of COVID-19 cases in parts of Islamabad, Lahore, Peshawar, Karachi, Quetta, Rawalpindi, Faisalabad, Multan, Gujranwala, Swat, Hyderabad, Sukkar, Sialkot, Gujarat, Ghotki, Larakana, Khairpur, DG Khan, Malakand and Mardan.• Lockdown lifted in G-6/1, G6/2 and G7/2 sub-sectors of Islamabad.• Facemasks mandatory in public.• Borders closed with Iran, China, India, and Afghanistan. Some border crossings to Afghanistan is reopened.• Mandatory quarantines in place for high risk individuals.• Closing of schools and cancellation of public, private and sport events. Public gatherings are banned. Rail operations across Pakistan suspended.• All incoming travellers to Pakistan must submit a copy of a COVID-19 test before departure to Pakistan. The test must specify full name, passport number and original test must be shown upon arrival.• Differences occur between provinces. Failure	



	<p>to follow containment measures can be punished with fines or jail.</p> <ul style="list-style-type: none">• Passengers arriving in Pakistan are required to self-isolate for 14 days. The Pakistani Civil Aviation Authority will quarantine all passengers on arrival. Either in a government arranged facility or in a self-arranged. Airlines must record which facilities the passengers prefers.	
Philippines	<ul style="list-style-type: none">• Some regions begin to ease COVID-19 restrictions from 1st of May.• Domestic flights resumed from Manila airport• International flights from Manila to resumed.• Curfew from 20:00 – 05.00 in most local government units.• Passenger arriving in Manila airport will be tested for COVID-19 and asked to quarantine for 14 days.• Metro Manila, Bulacan province and others regional areas are under general community quarantine. The quarantine has been extended until the 30th of September.• Entry ban on all foreigners. Travellers with Filipino spouses or children are exempt from the ban.• Travel ban on all in country travel by air and sea to and from Manila, however foreign citizens are allowed to go home, thus international flights can operate in relation to the current restrictions.• Face masks mandatory in sea transport and other public transportation.• Public gatherings have been banned and schools are closed.• Filipinos can travel home with a 14-day quarantine upon arrival.• Restrictions may vary between regions.• Public transportation is suspended.• From 20th of July all arriving passengers should be able to present a negative PCR test taken within 48 hours for COVID-19• Foreign nationals with existing long-term visas can enter the country from 1st of August.	<ul style="list-style-type: none">• Metro Manila, Bulacan province and others regional areas are under general community quarantine. The quarantine has been extended until the 30th of September.• Authorities have extended the nightly curfew in the Metro Manila region until the 30th of September.
Singapore	<ul style="list-style-type: none">• Second phase of circuit breaker from 2nd of June, allowing small social gatherings an opening of businesses including gyms, tuition centres and retail outlets.• Restrictions will be further eased from 19th of June.• Shops and eateries are allowed to open if	



	<p>they follow social distancing.</p> <ul style="list-style-type: none">• Transit is only possible under certain circumstances. Check with airline before trying.• Everyone entering Singapore are issued with a 14-day Stay at Home Notice, where they will be quarantined at a government facility at the cost of 2000\$. That is unless the traveller has been in Australia, Mainland China, Germany, Hong Kong, Japan, Macau, South Korea, Taiwan or Vietnam for 14 days then you are allowed to quarantine at own residence - if such exists.• Travellers who have spent 14 days in New Zealand and Brunei before arrival in Singapore will no longer receive a stay at home notice but must undergo a COVID-19 test upon arrival.• Quarantine measures are eased (from 14 to 7 days) for low-risk countries from 1st of September• Essential travel to China allowed and essential travel to Japan form September.• In addition to the “no short-term visitor” ban, long-term visitors are banned unless it is evaluated that the traveller work with essential services. All long-term pass holders must get approval from the immigration checkpoint authority before entering.• Travellers that have travelled out of Singapore and tries to return (who has permission to return), will have to pay themselves on all expenses if they are suspected of being infected with COVID-19.• All citizens or residents arriving from international travel must quarantine for 14 days at a government appointed facility and fill out a health declaration before entry.• All travellers that serve their stay-home notice outside of designated facilities must wear a monitoring device for 14 days from the 10th of August.• Travellers even with a valid travel insurance should be prepared on being down prioritized in the line of treatment of illness. Travellers are not offered free COVID-19 treatment.	
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	<ul style="list-style-type: none"> • Social distancing measures in place. Social gatherings of more than five in public and private are prohibited and one-meter distance must be kept to other people. Failure to comply can result in jail up till six months and fines. • Face masks are mandatory to wear in public • No more than 400 Malaysians are allowed to return form Singapore per day. 	
South Korea	<ul style="list-style-type: none"> • Long term visa holders must have a re-entry permit before leaving the country to be able to re-enter South Korea. Upon arrival in South Korea travellers must have a medical examination no earlier than 48 hours before they plan to return that show they are COVID-19 negative. • Social distancing measures relaxed. Museums and national parks will start reopening from 6th of May. • All rallies or demonstrations with more than 10 participants are banned in Seoul until the 6th of September. • Regional differences in COVID-19 restrictions must be expected. • Level 2 containment measures imposed. These mean a tightening of COVID-19 containment measures. • Face masks must be worn in Seoul at all outdoor venues as well as indoor areas, except personal spaces like homes. • Travel restrictions imposed on travellers from Bangladesh, Kazakhstan, Kyrgyzstan, and Pakistan, these areas are considered high risk and they must show a COVID-19 negative test, no more than 48 hours old. • As of 1st of April all inbound travellers must be quarantined for 14 days. • Visa-free entry and visa-waiver programs are suspended for countries currently imposing entry bans on Koreans (will apply to 90 countries). Entry will also be restricted for foreigners travelling for non-essential purposes. • Some airlines have suspended flights to and from South Korea. • Travellers will be subject to additional screening for COVID-19 on arrival at South Korean ports and airports. They will also be asked to report their health status to the authorities for 14 days after arrival. 	<ul style="list-style-type: none"> • Authorities have implemented additional COVID-19 restrictions in Seoul. Anyone not wearing face mask is not allowed to board public transportation. • Restaurants and bakeries in Greater Seoul area will as of the 30th of August only be allowed to provide takeout and take-away after 21:00.



	<ul style="list-style-type: none">• Travellers will be tested at all ports of entry and exit.• Failure to comply with containment or testing measures is an imprisonable offence.	
Taiwan	<ul style="list-style-type: none">• Bamboo airways resume flights with Vietnam, South Korea and Taiwan from 1st of July.• Transit through Taiwan allowed. The connection must be on flights of the same company and must not last more than 8 hours. Not all airlines are permitted to transit through Taiwan.• From 29th of June foreign nationals can enter Taiwan, but not for the reason of tourism or visiting friends. Visa must be held before travel.• A test proving to be COVID-19 negative must be held by the traveller, this must at maximum be 72 hours old.• Some travellers can apply for a shortened quarantine this include e.g. Australia, Vietnam, Hong Kong, Singapore, Japan, South Korea and Malaysia.• Ban on some foreign travellers with a few exceptions. Any traveller arriving from outside Taiwan and granted entry are subject to a 14-day home quarantine. They will be required to complete a health declaration form and accurately provide their travel and contact history. Taiwanese government are incorporating penalties for people who violate government-mandated home quarantine orders with fines or jail.• Masks are mandatory to wear in public spaces.• Quarantines will be monitored by authorities and have penalties if the quarantine is not fulfilled. Not every hotel will accept people in quarantine. If the traveller cannot find a place of quarantine, they will be put in a government facility, that only has the most necessary things.• Crowd control measures implemented on tourist attractions, national parks and the like.• Transit travel now possible through Taoyuan International Airport	<ul style="list-style-type: none">• Scoot Airline announced that flights between Taiwan and Japan will resume from the 9th of September.
Tajikistan	<ul style="list-style-type: none">• Airports to be shut down for both inbound and outbound flights indefinitely starting on the 20th of March.	



	<ul style="list-style-type: none">• Entry and exit ban of all foreign nationals. Diplomats and employees of high-profile international organizations and institutions are exempt.• Masks must be worn in public. Failure to comply will cause a fine.• Land border crossings closed.	
Thailand	<ul style="list-style-type: none">• International flights can resume from 1st of July. Though entry only permitted for travellers with residency, work permits or family in Thailand. However local sources indicate that arrivals will 14-day quarantine.• Bars, pubs and karaoke venues are allowed to reopen from 1st of July.• From 4th of May are announced to be relaxation of restriction measures non-essential business and services will be allowed to reopen.• An emergency decree will be in force until 30th of September. Nationwide curfew active in the hours 23:00 – 04:00.• Foreign nationals with permanent residency or work rights in Thailand and their family can enter.• Government official announced their plan to allow foreign travellers to enter Phuket from the 1st of October. Travellers will be required to stay for at least 30 days, out of which the first 14 days they will be subject to quarantine at government-approved hotel/resort, where they will be allowed to move freely within a 1 km-radius from the location.• Inbound travellers must have an entry certificate by Thai officials, health insurance covering at least 100000 \$, and a negative COVID-19 test no more than 72 hours old.• Arriving travellers must quarantine 14 days at government facilities.• Non-Thai might be excluded from transport between provinces and in visiting public sites.• Thermal scanners are in use at six international airports and local hospitals.• Social distancing measures and enhanced screening in effect.• Closure of educational institutions and venues in Bangkok.• Face masks mandatory when out in the public.• The Thai department of Disease Control linked the smoking of cigarettes to the impact of	<ul style="list-style-type: none">• Heightened security measures have been imposed along border areas between Thailand and Myanmar to prevent the spread of COVID-19.

	<p>COVID-19. Smoking in public can thus result in a fine of 5000 baht.</p> <ul style="list-style-type: none"> • All foreign nationals who were stranded in Thailand with extended tourist and transit visa have been ordered to leave the country latest the 26th of September. 	
Vietnam	<ul style="list-style-type: none"> • Domestic flights operate as normal. • Face masks in public places are no longer compulsory in the general public but is needed in some hospitals and on public transport. • Vietnam has temporarily banned entry of all foreigners to the country. Restrictions have also been imposed on Vietnamese citizens and residents returning. • Lockdown measures eased in most cities and provinces. In these areas can hotels, public transport, retail amongst other resume operations. • Taxi and ride sharing services are beginning to run again. • Large events and gatherings resume if preventative measures are applied. • All travellers on domestic travels must show a health declaration. • Social distancing measures in place. Social gatherings at maximum twenty people (and thirty in areas considered low risk) • Land borders closed. • Local variations on distancing measures might occur. • Lockdown measures in Da Nang until further notice. 	