

Covid-19 Americas Travel and Containment Information Sheet

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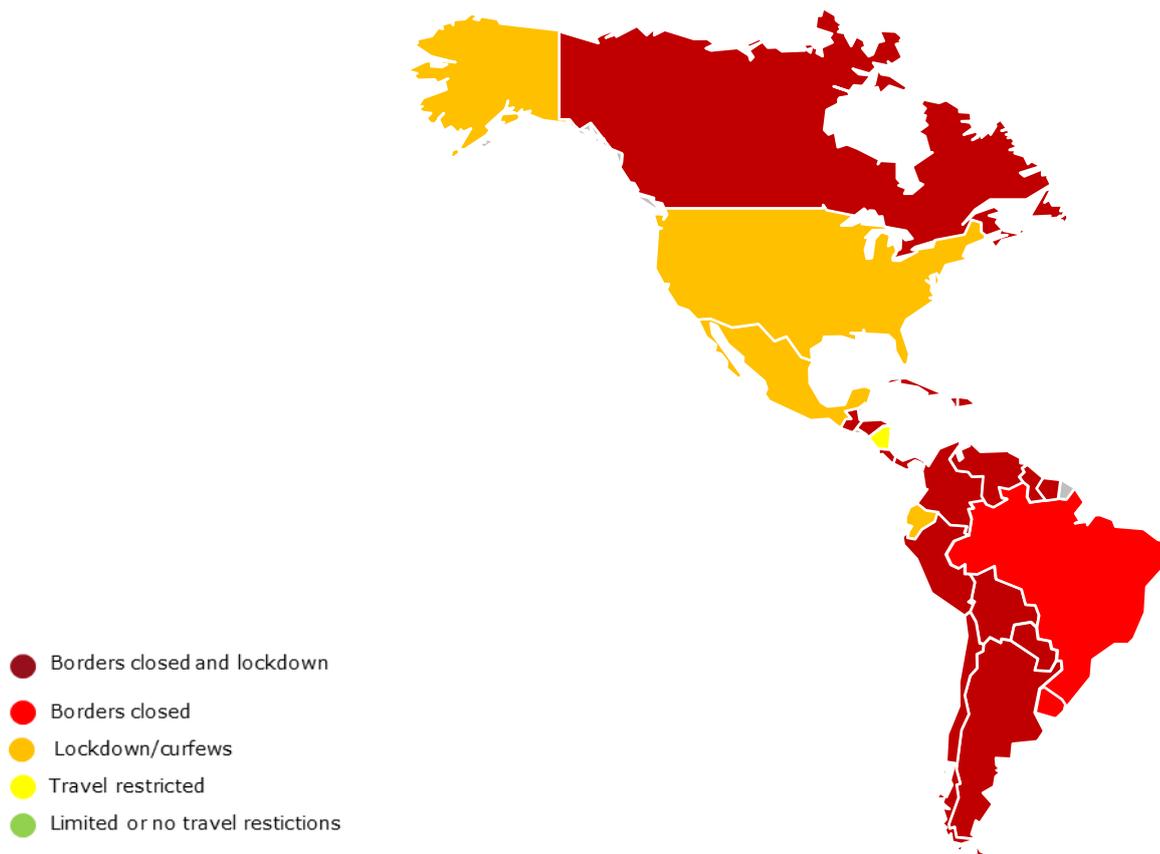
Overall take: Restrictions in most countries include closed borders and curfews. Some countries are extending measures while others have started to ease restrictions. Face masks requirements increasing across the region. Domestic differences increasingly present.

Disclaimer: Falck Global Assistance adheres to the advice of local health authorities and the World Health Organization. Events regarding Covid-19 are subject to rapid change. Travellers are advised to follow the advice of their local health authorities.

About: The following is a brief overview of travel restrictions and containment measures for countries in the Americas. This is a work in progress and efforts are being made to improve the collection and centralization of relevant inputs. Data collection was performed manually, and sources include national foreign ministries, embassies and consular missions abroad, and select newspapers of record.

Note: Keep in mind, information on this sheet it subject to rapid change. *This should be referenced as a starting point only.* **Travellers and their stakeholders are strongly encouraged to perform regular due diligence on travel destinations and transit routes before embarking on international travel as containment measures and travel restrictions change by the hour.**

Regional Overview



Note: This map is intended as an overview, the level of lockdowns and travel restrictions may vary. Countries such as Brazil, United States and Canada may have different restrictions depending on the state.



Country	Travel Restrictions and Containment Measures	Recent Developments
Argentina	<ul style="list-style-type: none"> • Closed borders for non-residents until 1st of September. • Ban on commercial flights incl. domestic and international flights extended until 1st of September. (till further notice) • Foreigners can leave the country, if they have no Covid-19 symptoms and a valid flight ticket. • National restrictions of movement have been restricted and extended, permitting residents over 65 years with existing health conditions not to leave their house until the 16th of August. • Face masks have become mandatory in public areas. • The ban on gatherings of more than 10 people have been lifted in areas not under quarantine. • Inter-city travel limited to essential workers. • The ban on gatherings of more than 10 people have been lifted in areas not under quarantine. 	<ul style="list-style-type: none"> • Greater Buenos Aires area remains in “Phase 2” restriction, which includes ban on non-essential movement until at least the 16th of August • From 3rd of August limited operations at shopping centres will resume • Extension of entry ban for non-residents until 16th of August
Barbados	<ul style="list-style-type: none"> • Curfew lifted • All travellers will subject to a 14-day quarantine upon arrival. Citizens and residents of Barbados will be able to home-quarantine. • Government offices and key business will be reopened. Most shops and business have also reopened. • Social distancing should still be kept, and face masks still worn. 	<ul style="list-style-type: none"> • The social gathering limit of 500 persons • Travelers from a Low-Risk country, who haven’t visited a High-Risk country within 21 of arrival, may present a valid COVID-19 test result taken within one week prior to travel to Barbados • All travellers are strongly encouraged to present a negative PCR COVID-19 test within 72 hours of travel • Travellers without a negative Covid19-test will be required to take a test upon arrival
Belize	<ul style="list-style-type: none"> • Curfew lifted • Philip Goldson Airport will reopen on the 15th of August. • Foreigners must apply for monthly visa extensions. The fee is 200 BZD\$ for each month’s extension will be allowed. These measures will be in effect until further notice. • Face masks mandatory in public and on public transport. • Officials announced that restaurants, gyms and casinos may reopen. Street vendors and non-contact outdoor sports were also allowed to resume. Gatherings of up to 100 people are also 	<ul style="list-style-type: none"> • Mandatory PCR test are required at travellers' expense.



	allowed. Social distancing measures still in place.	
Bolivia	<ul style="list-style-type: none">• Lockdown and restrictions extended until 31st of August. Local authorities can decide to ease or tighten the restrictions.• Regional differences might apply.• Nationwide curfew between 18:00-05:00 on Monday to Friday. Vehicles and people are prohibited on the streets. During weekends people may move within 500 m of their house on foot or bike. Vehicles still prohibited during weekends.• Border closures and flight suspensions extended to the 31st of August.• Face masks mandatory in public.• Domestic flights resumed with social distancing and mandatory face masks.	<ul style="list-style-type: none">• Extension of national quarantine measures through August 31.
Brazil	<ul style="list-style-type: none">• Beauty salons and gyms and restaurants reopened from the 15th of July• Quarantines lifted across much of the country despite ongoing widespread viral transmission.• Regional differences might apply.• A state of emergency has been imposed, primarily to impose economic measures.• Face masks have been made mandatory in many cities and regions across the country.• Closure of land borders with Uruguay extended until indefinitely.	<ul style="list-style-type: none">• Entry to Brazil by non-resident foreign nationals by air is permitted, except at airports in the states of Mato Grosso do Sul, Paraiba, Rondonia, Rio Grande do Sul and Tocantins. There are restrictions on non-resident foreign nationals entering by land or sea.• Brazil has closed its land borders, except to Brazilian citizens, resident foreign nationals and foreign spouses, children, parents or guardians of a Brazilian national.• Many non-essential services (i.e. restaurants, bars and shops) are beginning to reopen in some cities
Canada	<ul style="list-style-type: none">• The Canadian government is advising against all non-essential travel outside of Canada.• The border between Canada and the United States closure extended until 21st of August.• State of emergency has been extended until 13th of August.• Canada has closed its borders for non-residents except for diplomats and immediate family members of Canadian citizens. All travellers	<ul style="list-style-type: none">• Increase in fines for US Citizens crossing the border without a permit.



	<p>entering Canada must self-isolate for 14 days. Transit is possible if compliant to local guidelines.</p> <ul style="list-style-type: none">• Incoming International flights will be limited to four airports (Toronto, Montreal, Calgary and Vancouver). Domestic flights and flights from the United States, Mexico, The Caribbean and Saint Pierre and Miquelon will be exempted.• Ban on large social gatherings and closure of schools, museums etc.• Travellers showing symptoms of covid-19 will be denied boarding on domestic flights and intercity trains. Only travellers with a medical certificate showing that symptoms are not covid-19 related will be excluded.• Railways cancelling or reducing transport services. Cargo unaffected.• Continue to check with provincial authorities for the most up to date information on local lockdown procedures and quarantines.• Covid-19 restriction measures lifted in various regions across the country. Check specific region for more information.• It is mandatory to wear masks in Toronto.	
Chile	<ul style="list-style-type: none">• Multiple communes of Santiago and Valparaiso have transitioned to partial quarantine.• Lockdown implemented in part of Coquimbo and Los Lagos until 5th of August.• Closure of all borders extended until 14th of August.• The Chilean government has declared state of emergency and will include the banning of public gatherings.• Rolling municipal level lockdowns continue across the country. Check with local authorities for details• Chile extend closure of all borders until further notice.• Sanitary controls in place between communes and regions• Nationwide curfew between 22:00 and 05:00.• Everyone is encouraged to stay inside unless it is strictly necessary.• Regional bus transport suspended• Masks are mandatory to wear on public and private transport.	<ul style="list-style-type: none">• Closure of all borders extended until 14th of August.
Colombia	<ul style="list-style-type: none">• Covid-19 restrictions extended until the 30th of August• Border closures extended to August 31st.• All non-Colombian citizens or non-Colombian residents will be prohibited from arriving in the country and all arriving passengers will be advised to self-quarantine.• All international flights will be suspended until August 31st. This also includes transit flights.	<ul style="list-style-type: none">• Covid-19 restrictions extended until the 30th of August• Lockdown and strict quarantine and movement controls reimposed in Medellin and Aburra Valley from 7th to 9th of August.



	<ul style="list-style-type: none">• Security increased along the border with Ecuador.• People over the age of 70 are required to self-isolate until the 31st of August.• Face masks are mandatory when using public transport and in areas with a high concentration of people.• Outdoor exercise allowed with restrictions for different age groups.• Strict quarantine and movement controls enforced in Medellin and Aburra Valley until July 28th.• Commercial flights will resume with heightened security measures from 21st of July.	<ul style="list-style-type: none">• Various districts in the Bogota area (Bosa, Antonio Nariño, Kennedy, Puente Aranda and Fontibón) is under lockdown from 23 July-6 August instead of earlier announced 27 July- 9 August. Only essential movement and services allowed between 05:00 and 20:00 local time.• Colombian authorities have announced the suspension of all commercial and private flights in and out of Colombia and the closure of land, sea and river borders until further notice.
Costa Rica	<ul style="list-style-type: none">• Entry restrictions are eased from 1st of August for citizens and residents of Canada, the EU, Schengen Zone and the UK.• Costa Rican citizens and residents will be subject to a 14-days quarantine• Phase 3 of the reopening delayed due to increase in Covid-19 cases.• Additional security forces have been deployed at the Nicaraguan border to enforce immigration control.• Vehicle curfew between 22:00 and 05:00 in weekdays and 20:00-05:00 during weekends. People not complying with the regulations will be fined.• Travellers from areas marked as “green” by the government is allowed to enter the country if they present a not older than 48 hours old negative Covid-19 test. Traveller have to have insurance covering Covid-19 as well.	<ul style="list-style-type: none">• All non-essential business to reopen from 1st of August.• Anyone arriving in Costa Rica from other countries must self-isolate for 14 days Entry restrictions are eased from 1st of August for citizens and residents of Canada, the EU, Schengen Zone and the UK.
Cuba	<ul style="list-style-type: none">• Havana will move into phase 1 of easing restrictions, which include reopening of bars, restaurants, beaches and gyms.• From 1st of July foreign nationals will be allowed to enter a specific range of resort destinations. Travellers will be subject to temperature screening and Covid-19 testing upon arrival.• All international flights to Cuba suspended until 15th of August.• Cuban citizens are not allowed to travel.• All provinces except for Havana and Matanzas move to phase 1 of the recovery process. This includes the reopening of business with social distancing in place.	<ul style="list-style-type: none">• All international flights to Cuba suspended until 15th of August.• No foreign sea vessels are allowed in Cuban waters until further notice



	<ul style="list-style-type: none"> • Inter and intra -city travel banned • Face masks mandatory in public and in vehicles. • Curfew implemented in certain areas in Havana • All foreign vessels ordered to withdraw from Cuban territorial waters. 	
Dominican Republic	<ul style="list-style-type: none"> • Measures to ensure social distancing implemented. 1,5 meters distance must be kept to other people when out in public. • The use of face masks in public have become mandatory. • Authorities ease restrictions; companies will be allowed to increase number of workers, religious services and private transport may resume. Hotels and schools will remain closed and restaurants will only be allowed to do take-away. • State of emergency has been reimposed until the 3rd of September • Curfew has been reimposed from 19:00 to 05:00 on weekdays and 17:00-05:00 on weekends from 21st of July for 20 days in Santo Domingo, National District, Santiago, San Cristóbal, La Vega, Puerto Plata, Duarte, San Pedro de Macorís, La Romana, San Juan de la Maguana, La Altagracia, Azua, Monsignor Nouel, Sánchez Ramírez and María Trinidad Sánchez. In other provinces the curfew will run from 20:00 to 05:00 	<ul style="list-style-type: none"> • From 30 July, all travellers arriving in the Dominican Republic must present a negative PCR Covid-19 test result taken no more than 5 days prior to arrival. • Large events and public gatherings of all kinds is suspended
Ecuador	<ul style="list-style-type: none"> • Passenger flights partially resumed: Flight to/from high-risk countries will remain banned. International flights will resume from Guayaquil and Quito Airport. Travellers must present a negative PCR test not older than 72 hrs and arriving passengers are subject to 14 days quarantine. • Domestic flights and buses require safe passage document signed by a health provider. • Nationwide state of emergency until the 13th of August. • Curfew in high-risk areas remain in place from 18:00-05:00 until 13th of August. in medium-risk regions the curfew will be from 21:00-05:00. • Private vehicle movement restrictions: vehicles are allowed two days weekly. • Ecuador plan to allow commercial flights from the 18th of August. • Non-essential business, public events are urban transport remain banned. • Closing of schools until further notice. • Mandatory to wear face masks in public. 	<ul style="list-style-type: none"> • Authorities has issued new curfew hours for multiple locations, including the capital Quito and the districts of Carchi, Imbabura, Pichincha, Cotopaxi, Tungurahua, Bolívar, Azuay, Chimborazo, Loja, Cañar, Santo Domingo de los Tsáchilas, Esmeraldas, Sucumbíos, Pastaza, Orellana, Morona Santiago, Napo and Zamora Chinchipe. • On weekdays a curfew is in place from 21:00-05:00 while on the weekends it will be in effect from 19:00-05:00 (local time). The



		curfew also applies to private vehicles' movement, except for those of the home delivery service, which can operate every day until 22:00.
El Salvador	<ul style="list-style-type: none">• Most internal restrictions lifted.• Borders closed to all except diplomats or legal permanent residents. The ban will last until further notice. In addition, hereto, airports have been shut down for commercial flights until 6th of August.• Salvadorians, nationalized foreigners and diplomats entering the country will be subject to a 30-day quarantine.• Curfew ended, but people are asked to voluntary stay at home.• Face masks are mandatory to wear in public.	<ul style="list-style-type: none">• El Salvador International Airport has suspended passenger flights and will only receive air cargo and humanitarian flights in the meantime. Under phased reopening plans mean commercial flights are unlikely to resume before mid-August.
Guatemala	<ul style="list-style-type: none">• Borders closed until further notice. Guatemalan citizens and residents can enter the country through land borders.• A ban on the consumption and sale of alcohol is in effect.• Face masks mandatory in public areas.• National curfew from 21:00 to 04:00 extended until the 10th of August. Sundays will include a complete lockdown. Roads will only be open for health workers, emergency and restaurant deliveries.	<ul style="list-style-type: none">• In a July 27 declaration, Guatemalan President Giammattei declared a 30-day extension of Guatemala's State of Calamity.• The Guatemalan government also declared a State of Siege for 15 days in three municipalities (El Estor, Morales, and Livingston) of Izabal department and in two municipalities (Panzos and La Tinta) of Alta Verapaz department, due to the presence of active criminal organizations.• Suspension of inter-departmental travel has been lifted, but authorities request that individual only travels if absolute necessary
Guyana	<ul style="list-style-type: none">• All International flights will be banned from arriving in Guyana until 31st of July. Health screening in airports.• Daily exercise is allowed for 90 minutes during weekdays.	<ul style="list-style-type: none">• Two commercial flights to US has been confirmed, departing the 5th of August from Georgetown to NYC and the 6th of August



	<ul style="list-style-type: none"> Exit phase 3 implemented from 17th to 31st of July. This allows some stores to open and public transport can operate at 75% Curfew reduced to run from 20.00 – 06.00 Face masks are mandatory I public. Daily curfew from 18:00-06:00 has been extended in until 15th of August. Essential-work may continue, and banks, supermarkets and petrol stations are allowed to operate from 06:00-17:00. Anyone entering Guyana must have a PCR test certificate. 	<p>from Georgetown to Miami.</p> <ul style="list-style-type: none"> Daily curfew extended until the 15th of August. Curfew hours from 8pm and 6am in all regions except Regions 5 and 6, where the curfew only is in effect on weekends
Haiti	<ul style="list-style-type: none"> Commercial air travel reopened and borders open. State of emergency, which includes imposing a curfew (20:00 to 05:00), closing schools and universities. Bans on gatherings of more than 10 people. Mandatory to wear face masks in public areas. Suspension of public transportation between Les Cayes and Port-au-Prince on National Road 2 until further notice. Transport in and out of Jérémie, Grand'Anse department suspended 	<ul style="list-style-type: none"> Curfew hours is updated to 12 midnight to 4 A.M All arriving passenger are required to self-quarantine for 14 days
Honduras	<ul style="list-style-type: none"> All borders closed until further notice. A nationwide curfew between 17:00-07:00 extended until the 9nd of August. Face masks mandatory in public. Supermarkets are allowed to conduct home delivery. Security forces deployed to maintain the curfew. 	<ul style="list-style-type: none"> Authorized businesses will be open Monday through Friday. Shopping and essential activities will be allowed Monday through Friday from 7:00 a.m. to 5:00 p.m. according to the last digit of an individual's national identity card or passport number for non-Honduran citizens.
Jamaica	<ul style="list-style-type: none"> National curfew from 23:00 to 05:00 until 30th of September. Gatherings of up to 20 people permitted with social distancing. Social distancing of 6 feet must be maintained Borders are open to foreigners, but all travellers are advised to secure prior visa confirmation before arrival. Inbound travellers subject to PCR testing and possible quarantine. US American travellers hailing from states of Arizona, Florida, New York and Texas required to provide a negative test result to secure travel authorization. 	<ul style="list-style-type: none"> Administrative reopening will be on the September 7 followed by a phased reopening a week later
Mexico	<ul style="list-style-type: none"> A four-stage lockdown has been implemented. 31 states will remain in the high-risk category with non-essential businesses and activities suspended. Risk levels are assessed on a weekly basis. Social distancing remains in place. 	<ul style="list-style-type: none"> The number of confirmed and suspected cases is still increasing daily in several regions of Mexico. Mexico City,



	<ul style="list-style-type: none"> • Authorities have declared a national health emergency and introduced new measure to fight the outbreak including limiting gatherings to 50 people and suspension of non-essential activities. • People over the age of 60, those with chronic or autoimmune diseases as well as pregnant women have been ordered to stay at home. Other are just urged to stay at home. • Officials on Cozumel Island has imposed a night-time curfew from 23:30 to 05:00 until further notice. • Most Mexican states mandating face masks in public and transport. • Mining, construction and vehicle manufacturing to resume in some municipalities • The United States and Mexico border closure has been extended until the 21st of August. • A range of regions have been moved from the extreme risk category to high risk category leading to some easing of the restrictions. 	<p>Guanajuato, Mexico State, Veracruz, and Nuevo León currently report the highest number of confirmed active cases for the preceding two-week period. The states currently reporting the highest rates of hospital occupancy are Nuevo León, Nayarit, Tabasco, Coahuila, and Veracruz.</p> <ul style="list-style-type: none"> • Mexican health authorities have reiterated calls for people to stay home during this time.
Nicaragua	<ul style="list-style-type: none"> • Borders closed until further notice. • International flights suspended until the 17th of August. • Preventative measures implemented nationwide until further notice. Including social distancing, voluntary use of face masks, and sanitary controls. • Anti-government protests reported in Managua. 	<ul style="list-style-type: none"> • Most airlines serving the capital Managua has suspended their commercial airline service until to US until September. • Land borders with Costa Rica and Honduras remain closed until further notice
Panama	<ul style="list-style-type: none"> • Residents are allowed to enter the country and all arriving passengers are put in 14-days quarantine, unless travelling through Tocumen International Airport. • Flight ban extended until further notice - no update at this time. • Copa Airline postpones resumption of operation to the 7th of August. • Cruise ship passengers are banned from disembarking in Panama. • Night time curfew from 19:00-05:00 hours until further notice. • Authorities reinstated gender-based movement restrictions in provinces of Panama and Panama Oeste. Women will be allowed to go outside Mondays, Wednesdays, Fridays. Men will be allowed out on Tuesdays, Thursdays. Foreigners will be allowed out for two hours a day from Monday-Friday depending on the number of their passports. A full lockdown will be in place in weekends. This will be in place until further notice. • Many non-essential venues and businesses remain closed. 	<ul style="list-style-type: none"> • Authorities has announced that limited international flight has been permitted through Tocumen International Airport (PTY/MPTO) for national citizens, residents and transit passenger as of 31st of July. Transit travellers will only be allowed access provided that their flight is within 6 hours apart. • From 14th of August that will include flight to and from United States, Mexico, Costa Rica, Cuba, the Dominican Republic, Ecuador, Brazil and Chile



	<ul style="list-style-type: none"> • Uber services have been stopped and taxis have reduced their operation. Taxis are completely suspended on Sundays. • Plumbers, electricians, mechanics' workshops, e-commerce and fish farms will be allowed to reopen. • Face masks are compulsory outside your home. 	<ul style="list-style-type: none"> • A 14-day self-quarantine measure for eligible inbound travellers remains in effect.
Paraguay	<ul style="list-style-type: none"> • Public transport across country resumed • Entry ban on foreign nationals extended until further notice. • Nation-wide curfew from 22:00-05:00. In Concepcion and Paraguari the curfew will start at 21:00. • Easing of some restrictions: small businesses, DIY and garden supply stores to be reopened, hospitals open to non-urgent care and restrictions on funerals services to be lifted. • Authorities to ease Covid-19 restrictions as part of phase 3. This will allow religious gatherings of up to 20 people, sports and medical facilities are allowed to reopen. Concepcion and Paraguari region will remain in phase 2 • Mandatory to wear facemasks in public. • Increase border security along the border with Brazil. • Shopping malls will be allowed to open and public and private sector workers will be allowed to return to their offices (if they follow social distancing measures). • Reopening of hotels, cultural and leisure venues and religious gatherings of up to 50 people will begin in all areas except Asunción, Central and Alto Parana departments until further notice 	<ul style="list-style-type: none"> • Authorities require all persons arriving to Paraguay to remain in isolation at a government facility or a designated hotel for 14 days, regardless of whether symptoms are present. • The Paraguayan Government has allowed up to four persons to travel together in private cars or SUVs and two persons by motorcycle.
Peru	<ul style="list-style-type: none"> • Authorities to allow domestic flights from 15th of July • All borders are closed indefinitely • National state of emergency extended until 31st of August • Jorge Chavez Airport closed for all commercial air traffic. • A nationwide curfew has been tightened to be from 20:00 to 04:00. Except in Arequipa, Ancash, Ica, Junin, Huanuco, San Martin and Madre de Dios where it will remain 20:00 to 04:00. The army and police will patrol the streets. The curfew will be in place until 31st of Agosto • Businesses adhering to social distancing measures may reopen. • Only one person per family is allowed to go out from Monday to Saturday. On Sundays no one can leave their house. • Face masks in public mandatory. • Interprovincial travel for humanitarian workers and essential services permitted amidst provincial border closures. 	<ul style="list-style-type: none"> • Restaurants reopened the 20th of July with restrictions of capacity to 40%. • Nationwide curfew has been tightened from 20:00 to 04:00.



	<ul style="list-style-type: none">• Restrictions easing: some non-essential businesses and personal service providers allowed to reopen. Resuming of activities including mining, manufacturing, repair and sale of vehicles, lodging. In some regions additional government authorisation is required.• Shopping malls allowed to open in most regions on 50 % capacity. Face masks will be mandatory.• Inter provincial transport services to resume. All travellers must provide a written statement of possible Cov-19 symptoms.• Private vehicles must not transport third parties.	
Suriname	<ul style="list-style-type: none">• All borders closed and flights suspended until further notice.• Curfew from 21:00-05:00• Gatherings of more than 5 banned• Domestic travel and business have been allowed to return to normal operations under social distancing regulations.• Domestic travel and business have been allowed to return to normal operations under social distancing regulations.	<ul style="list-style-type: none">• KLM has announced to operate several flights per week between Paramaribo and Amsterdam.
Trinidad and Tobago	<ul style="list-style-type: none">• Borders has been closed for all international flight indefinitely.• Sea borders are also closed indefinitely to all vessels including yachts.• Caribbean LIAT Airline extends suspension of flights until further notice.• Stay at home order remains in place for non-essential business.• Face masks compulsory in public spaces.• Social gatherings restricted to 5 people• Schools are closed until September.• Restrictions eased: Hotels with outdoor facilities are allowed to provide some degree of in-house service. Hairdressers, barbers and domestic service providers resume operations. Authorities will allow places of worship, beaches and sports facilities to reopen. Restaurants and other venues have been allowed to resume business. Public transport restarted.• Authorities allow restaurants, bars, cinemas and theatres to reopen. Public transport and inter-island transport has also resumed.	<ul style="list-style-type: none">• British Airways have cancelled all flights until 31st of August. The planned resumption date of 1st September is considered tentative and subject to change.• Virgin has announced that they will restart flights from October.
United States	<ul style="list-style-type: none">• Border with Canada closed until 21st of August.• The United States and Mexico have agreed to close the border between the two countries until the August 20th.• Entry banned for most foreigners.• Citizens of the United States or legal permanent residents, who have been in high-risk areas are required to return to one of the 13 approved airports (BOS, ORD, DFW, DTW, HNL, ATL, JFK, LAX, MIA, EWR, SFO, SEA, IAD).	



	<ul style="list-style-type: none">• Travellers coming from (including transits) Brazil are not allowed to enter the US. Unless they are US citizens, their spouses or minor children.• National state of emergency. Thousands of schools and universities have closed, and multiple sports events have been cancelled.• Curfews across the country as rioting and social unrest continue.• Amtrak have made face masks mandatory on all trains and buses nationwide.• Many states have mandated wearing of face masks in public.• Note: Different states are taking different measures to contain the virus.• States continue to diverge in their approach to Covid-19 with many extending restrictions while others begin to ease restrictions. Continue to check with local state authorities for specific local regulations.	
Uruguay	<ul style="list-style-type: none">• Entry ban on all foreign national except citizens and residents as well as Mercosur citizens in transit until further notice. This includes suspension of all inbound and outbound flights.• Ban on all Uruguayan citizens and residents from traveling abroad for tourism.• The border between Uruguay and Argentina has been closed as well as the border between Uruguay and Brazil.• Authorities recommend the use of face masks in public spaces and to stay at home as much as possible.• People over 65 must self-quarantine.• Public events are suspended, and public venues closed.• Easing of restrictions: Schools open nationwide except for in Montevideo and along the border with Brazil. Sport centres open and religious gatherings allowed.	
Venezuela	<ul style="list-style-type: none">• Curfew between 16:00 to 10:00 in all border states.• Flight suspensions extended until August 12th.• All international travel suspended until 12th of August. Cargo, medical and UN flights are exempt from the ban but must have authorisation to land.• All domestic flights both commercial and privates have been suspended until 12th of August.• Lockdown modified by authorities: seven days of lockdown followed by seven days of easing (7+7 model) until further notice.• Sports without audience, gyms and shopping centres open. Children and elderly are allowed to go out bi-weekly on Saturdays.• Border with Colombia and Brazil closed until further notice.	

	<ul style="list-style-type: none">• Municipalities along the border with Colombia and Brazil will continue with restrictions including nightly curfew and non-essential businesses will remain closed.• Fuel rationing in place, gas stations across the country will shut down until further notice.• Civil unrest, violence, and looting reported in multiple locations. Frustration with quarantine and lack of access to food and water reported as the cause.	
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